Artists visit Japan to launch fifth year of international art exchange


In late October, a group of five Portland-area artists visited Maine’s sister state of Aomori, Japan while communities in both countries hosted exhibitions of woodblock prints by artists from each country. The traveling exhibition, called MAPS (Maine-Aomori Printmaking Society), is a cultural exchange program launched in 2015 that facilitates the exchange of art and artists between the states. MAPS is a program of Friends of Aomori, and included artists Pilar Nadal, resident Jeff Badger, President of Friends of Aomori, and including artists from each country. The traveling exhibition, called MAPS (Maine-Aomori Printmaking Society), is a cultural exchange program launched in 2015 that facilitates the exchange of art and artists between the states. MAPS is a program of Friends of Aomori, and included artists Pilar Nadal, resident Jeff Badger, President of Friends of Aomori, and including artists from each country. The traveling exhibition, called MAPS (Maine-Aomori Printmaking Society), is a cultural exchange program launched in 2015 that facilitates the exchange of art and artists between the states. MAPS is a program of Friends of Aomori, and included artists Pilar Nadal, resident Jeff Badger, President of Friends of Aomori, and including artists from each country.

The delegation was led by Cape Elizabeth resident Jeff Badger, President of Friends of Aomori, and included artists Pilar Nadal (Portland), David Wolfe (Portland), Lydia Badger (Cape Elizabeth), and Lisa Pixley (Portland).

While in Japan, the group were guests of honor at the opening reception of the Aomori Citizen’s Cultural Exhibition where the MAPS prints were featured along with works by other Aomori artists. Over the following week, the group participated in a full schedule of civic and cultural activities, including visits to local studios, galleries, museums, and meetings with citizens and officials, including the Mayor of Fujisaki, a town near Aomori that hosted the prints in 2017. The group was hosted by Jiro Ono, director of the Munakata Shiko Memorial Museum of Art, one of the sites visited by the visiting artists.

The newest prints in the MAPS collection, now numbering 90 in total, are currently on display at the University of Maine at Fort Kent. In 2020, the next prints in the exchange will be displayed at Common Street Arts in Waterville, and a retrospective of all the prints in the MAPS collection is scheduled for display at the University of Maine at Fort Kent. In 2020, the next prints in the exchange will be displayed at Common Street Arts in Waterville, and a retrospective of all the prints in the MAPS collection is scheduled for display at the University of Maine at Fort Kent. In 2020, the next prints in the exchange will be displayed at Common Street Arts in Waterville, and a retrospective of all the prints in the MAPS collection is scheduled for display at the University of Maine at Fort Kent. In 2020, the next prints in the exchange will be displayed at Common Street Arts in Waterville, and a retrospective of all the prints.

To honor the 100th anniversary of the ratification of the 19th amendment, which cemented a woman’s right to vote, community members participated in the Daffodil Tribute. Above, flowers are planted at Thomas Memorial Library. Check out more photos on page 8.

A mere 100 years ago, in November of 1919, the 19th Amendment to the U.S. Constitution was ratified by the state of Maine. The amendment cemented for women the right to vote.

In tribute to this historical event, Thomas Memorial Library was one of many organizations across the state participating in the Daffodil Tribute, during which thousands of the flowers were planted.

The significance of the daffodil stems from the use of the flower by Maine suffragists as a symbol of their struggle. They handed them out to legislators and at rallies, and asked supporters to wear daffodils in their lapels.

The thousands of newly planted flowers will bloom in the spring of 2020 during the national centennial, and for years after, serving as a living tribute to those who fought for the right to vote, and to the ideal of equality.

The library supplied the bulbs, and community members planted them at the library and at other nearby locations.

According to Sara Lennon, the project manager of the Daffodil Tribute, the event went very well. “Community members did show up, including a handful of high school students, a family with two adorable children among others, she said. The Cape Elizabeth Land Trust was also represented.

Lennon said, “We planted bulbs in three places at Thomas Memorial Library, in front of the CELT sign, to the right of the CEHS entrance, at St. Alban’s, in front of C-Salt and at both ‘Welcome to Cape signs.’”

Join us for hot chocolate, carols and holiday cheer! Special guest appearance by Santa Himself!

Thank you to our sponsor:
Both Jordans reelected, Cape residents say ‘yes’ on both questions

By Kevin St. Jarre

In the recent municipal election, the two incumbent candidates were reelected to the Town Council. With light voter turnout, estimated around 19%, Penelope Jordan and Caitlin Jordan retained their seats, despite the challenge mounted by Aaron Mosher. Penelope Jordan garnered 1,109 votes, Caitlin Jordan pulled in 863 and Mosher received 801 votes. The margin of victory was within the number of ballots left blank; 326 voters left a choice blank in the race for Town Council.

The race for the Cape Elizabeth School Board was less dramatic as two candidates ran for two seats. Incumbent Kimberly Carr received 1,228 votes, while Philip Saunder drew 1,179 votes in his bid to join the board. There were 685 blank ballots in that race.

Cape Elizabeth voted overwhelmingly in favor of both state referendum questions. The first was on a bond to improve infrastructure, in the amount of $105,000,000, to build or improve roads, bridges, railroads, airports, transit and ports and make other transportation investments. The money would also be used to match an estimated $137,000,000 in federal and other funds. The question garnered 1,356 ‘yes’ votes, while only 199 voted against the issuance of the bond.

The second was a vote on a proposed constitutional amendment which would enable people with disabilities to sign petitions in an alternative manner. Cape Elizabeth voted 1,312 to 231 in favor of the amendment.

Statewide, more than 75% of Mainers voted in favor of each of the referendum questions.

CE basketball alumni games on Nov. 30

Welcome Back Cape Elizabeth Basketball Alumni games will be held on Saturday, Nov. 30 in the Cape Elizabeth High School gym. The girls game will take place at 6:00 p.m. and the boys at 7:30 p.m. Hope to see all of our Cape fans there!

CEHS and CEMS to hold December concerts

The Cape Elizabeth high school and middle schools will hold concerts in early December. All concerts are free to the public.

The high school chorus, symphonic band, and wind symphony will perform Wednesday, Dec. 4, at 7:00 p.m. in the high school auditorium.

The middle school will hold its 5th and 6th grade chorus and 6th grade band concert on Wednesday, Dec. 11 and the 7th and 8th grade concert the following evening on Thursday, Dec. 12. Both concerts will begin at 7:00 p.m. in the CEMS cafetorium. Doors will open at 6:30 p.m.

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SOIL PRODUCTS – IT’S THAT TIME OF YEAR
Carol Anne is hanging up the loader keys for the season. She marked her calendar for Saturday November 16th – looking forward to April 2020!!
Then and Now: Wishing you an N.C. Wyeth Thanksgiving

By Jim Rowe

Illustration (copyright 1945 Metropolitan Life Insurance Company) is from “N.C. Wyeth’s Pilgrims” (copyright 1991 Robert D. San Souci, Chronical Books)

When I was a young aspiring scholar at Cottage Farms School, the story of Thanksgiving was presented to us as a rather bucolic celebration of cooperation between struggling European immigrants and hardy indigenous people.

Before adjourning for the long Thanksgiving holiday weekend, half of us were assigned to dress as Pilgrims; the rest as natives. The natives graciously shared their crop seeds and methods of cold weather survival in exchange for the Pilgrims’ trifling trinkets (symbolically represented by festive cookies, cupcakes and punch). And then everybody lived happily ever after.

This was pretty much how Thanksgiving was depicted in a book entitled “N.C. Wyeth’s Pilgrims,” with text by Robert D. San Souci.

The book was published in 1991, nearly a half century after the illustrator’s tremendous triumph in the Great War, glory that was so happily depicted in his Thanksgiving paintings.

While the artwork in “N.C. Wyeth’s Pilgrims” may seem a bit utopian, I personally see benefit in striving to achieve the ideals of cooperation and communal joy that were so happily depicted in his Thanksgiving paintings.

May we all succeed in that endeavor. Gratitude, humility, respect and kindness are great places to start!

Scam alert bulletin board

By Jessica D. Simpson

Bank Impostor Scam

A new scam that has emerged this summer involves criminals posing as bank representatives and offering to pick up a customer’s “compromised” bank card. This scam originates over the phone with the impostor offering to send a “senior services” agent to the house to pick up the credit card or debit card and PIN so the problem can be fixed. The crook then racks up credit card debt or drains checking accounts attached to debit cards.

Know this: banks don’t have “senior service centers” from which they send bank employees to your home. If you get a call like this, hang up. Be a fraud fighter! If you can spot a scam, you can stop a scam.

Freezing Your Credit

The sheer volume of data breaches makes all of us vulnerable to identity theft. Placing a freeze on your credit is one of the most effective ways to protect yourself from identity fraud — when someone uses your information to open accounts in your name, or even take over your existing accounts.

Here’s what to know before you start the process. First, you will have to freeze your credit with each of the three major credit agencies: Equifax, Experian and TransUnion. You will also need to create passwords and PINs for each, so have a filing system for retrieving the information if you need to unfreeze your credit in the future. If you are placing a freeze for other family members, you will need their Social Security numbers.

Solution to Nov. 6 Cape Cross

The Cape Elizabeth United Methodist Church will hold its monthly Friday Fun Night on Nov. 22 from 5:30 – 8:30 p.m.

Events will include over-sized games such as Twister and Chutes & Ladders, creating Christmas gifts, and watching the movie “Home Alone” while snacking on popcorn and hot dogs. The event is free and open to the public. Both children and adults are invited.

The church is located at 280 Ocean House Road (Route 77).
The Needs Assessment Report identified 220 projects. Each of the 220 projects are categorized as being either: red priority — needing to be addressed within 0-3 years before something will fail; yellow priority — needing to be addressed within 3-7 years; or green priority — not needing attention sooner than seven years. Each identified project is documented on a separate data sheet which provides recommendations, next level recommendations (in some cases), site photos, scope of work, and a cost analysis. A cost estimate cannot be assigned to some projects that would be considered new building and or additions without a design in place (e.g., new cafeteria for PCES and CEMS). However, in these cases a general cost range based on square footage is provided with high and low margins.

The original school, now CEMS, was constructed in 1934 and has gone through expansions nearly every decade since (1948, 1955, 1960, 1962, 1994, 2004), increasing the square footage is provided with high and low margins.

The general consensus of the Committee seemed to rule out the option of doing nothing. Jamie Garvin commented that there are some projects that need to be addressed immediately, even if the repairs might be replaced by new buildings in the future. “This is the unfortunate reality of some of these projects.” Tim Thompson pointed out that based on the FY20 school budget being approximately $27M, “we are spending approximately 1/26th of the entire school budget polishing floors” and that perhaps priority should be given to rectifying this issue. Hope Straw commented that if the Building Committee is ultimately charged with making a recommendation, “they need concrete data around the costs of running the existing buildings today versus the costs of running new buildings in the future.”

In the case of all three schools, there are significant annual maintenance costs due to the use of older materials and or outdated systems. For example, the estimated annual cost of maintaining the Vinyl Composite Tile (VCT) flooring of all three schools is $12M. Additionally, the use of Concrete Masonry Units (CMU) through-out the entire campus makes addressing various issues, such as upgrading bathroom needs, extremely challenging and conveys an “institutional feel.” After a certain point, it is prudent to evaluate whether it makes sense to invest more money in an old system or consider other options.

Three basic options were presented for the Building Committee’s consideration during the first meeting.

1. Do nothing. Knowing that the maintenance curve will begin to fall off rapidly due to the age of all three school buildings and their systems, and accepting that there will be costs associated with repairing and replac-
ing aging parts.

2. Selectively renovate and restore all three schools, requiring the relocation of students for at least one year into temporary portable classrooms while renovations take place in phases.

3. Phased renovation and new construction over a period of 10 - 15 years. This option would propose renovating the high school, while constructing a new building in a different location. Once completed, PCES & CEMS could conceivably move into the renovated building and CEHS would move into the new building. Plans for building a new middle school could be approached at this point.

The Cape Elizabeth School Board looks forward to continuing collaborative efforts with the Town Council. In an "off-election," it is heartening to see a good turnout from Cape Elizabeth voters.
School

in order to be able to compare that to the costs of potential options.

Perry Schwarz shared that the load on Cape Elizabeth school buildings are currently at a maximum. "We have cold floors and walls, the heat is going through the roofs." His hope is that the committee will look long-term for both the school department and the Town. Right now, Schwarz stated, his staff is consumed with spending their work hours addressing problems related to the age of the buildings — "much like the carnival game, Whack a Mole." He feels comfortable stating that the amount of money we might spend renovating the schools to make them what we need and want, would not be worth the money and that "we cannot do what we need to do with the buildings we have."

On Nov. 5, the Building Committee and the team from Colby Co. and Scott Simons Architects met a second time to flesh-out options and potential timelines. In one option, three new separate buildings could be built over the course of no less than 10 years. This option would require various athletic fields to be temporarily unavailable during construction phases and would require three bonding cycles, but would not entail utilizing temporary portable classrooms. A new high school would be built while renovations addressing security concerns at PCES/CEMS are tackled. Once the construction of the high school is completed, the process of building a second school (which would continue to house both the elementary and middle school) could begin.

Hebert stressed that these options are merely meant to serve as a starting point for determining best steps forward by outlining possible solutions and timelines. Dr. Walfson stated that creating a "masterplan" which could outline a course over the next 20 years would be very helpful and likely be more acceptable to the community. Mary Ann Lynch suggested creating another option which would keep all the buildings, but modernize them, make them more energy efficient, and complete the projects listed in the Needs Assessment Report.

Andrew Patten added that if all the 220 projects were completed, the cost to do so would be approximately $12.8M for the elementary/middle school, and approximately $7.5M for the high school — which does not include projects that were listed as "TBD." With modern building methods that utilize materials that have much longer lifespans and can potentially provide net zero energy costs, "would we be throwing good money after bad," by staying in the buildings? Suzanne Measelle Hubbs asked the architects if they could provide any case examples of other schools that have opted to pursue building more energy efficient buildings which could demonstrate how the savings found in sustainable buildings eventually pay for the construction over time. Scott Simons answered that they would provide examples from the current projects they are working on.

--- SEE BOARD PAGE 16 ---

Local Buzz readings at TML Nov. 23

On Saturday, Nov. 23 from 3:00 – 4:00 p.m., the Local Buzz Readings series continues at the Thomas Memorial Library located at 6 Scott Dyer Road in Cape Elizabeth. The November event will welcome poet Elizabeth Tibbetts and writer/humorist and musician Jim Donnelly. The Local Buzz Readings are co-hosted by Portland Poet Laureate, Linda Aldrich and Cape Elizabeth poet Marcia Brown.

The event is free and open to the public. Writers’ books will be available for sale by Kelly’s Books to Go and light refreshments will be available. Returning audience members please note the new earlier start time of 3:00 p.m. for this and all future events.

Post Elizabeth Tibbetts will read from her new book “Say What You Can,” published this year by Deerbrook Editions. Her book “In the Well” won the Bluestem Poetry Award in 2002, and a chapbook “Perfect Selves” was published by Oyster River Press. She received a fellowship and grant from the Maine Arts Commission, and first place in the Penobscot Watershed Poetry Prize. Her poems have appeared in numerous journals and have been read on Writers Almanac and Poets from Here. Tibbetts grew up on the Maine coast and now lives in Hope with her husband and dogs.

Jim Donnelly was born in New York City in the early sixties, where his mother worked as a bank teller, and his father as a plumber’s apprentice. Donnelly learned to drive on a forklift, later becoming a Teamster trucker. He worked in factories and on loading docks, in department stores and catering halls, and played bass as a musician at night. His poems, stories and essays have appeared in Cafe Review, Lewiston Sun Journal, Jewish Currents, East Coast Rocker, Anarchy, and City of Dis (both sociological quarterly). His columns, “Media Misinformation,” published in the Aquarian Weekly, are currently archived in the Rock and Roll Hall of Fame. His first collection, “Rifles, Rumors, Gin and Prayer” was published by Maines Moon Pie Press in 2013. A second collection, “That Mischievous Moon,” arrived in 2017. Jim co-hosts southern Maine’s longest running poetry series, Lowry’s Lodge, with historian-poet, Anna Wrobel.

Two students who earned special and noteworthy recognitions:

Julia Mukai distinguished herself as Honorable Delegate for representing Martha Coffin Wright at the Seneca Falls Convention, while Claire McDonald (in only her second-ever Model UN conference) earned Best Delegate honors, the highest possible award, for representing Saudi Arabia in the Arab League.

CEHS Model U.N. team attends a United Nations Simulation at Brown University

The CEHS Model U.N. team recently attended a United Nations Simulation at Brown University.


According to the team’s faculty advisor, Melissa Oliver, the students “ran a gauntlet” and made a strong showing. “As I witnessed how they conducted themselves throughout the entire weekend, both inside committee and out - and as I found myself invariably comparing them to how other delegations who attended this conference comported themselves - I could not be prouder of our kids,” Oliver said.

Brown is, far and away, the most challenging of our 12-person delegation, half were competing for only the first or second time, according to Oliver.

I am thankful for my past, present and future clients.
Wishing you all a wonderful Thanksgiving!

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- see BOARD page 16 -
Humanely treated, farm-raised turkeys “just taste better”

By Tina Fischer

It’s almost time for the turkeys at Alewive’s Brook Farm to get ‘dressed’ for the holidays - and we all know what that means for a turkey this time of year. As sad as that might sound, these birds have had a healthy life at the farm, eating an all-natural diet of grain and vegetable scraps (no antibiotics or hormones), and living together in their own special coop, not confined to cages like so many birds raised on ‘factory farms.’ Plus farmer Jodie Jordan talks to them every day, which he does partly because that’s who he is and partly because he feels it makes a difference, both in the turkeys’ experience and in the end product.

Daughter Caitlin agrees. “When farm-raised animals - whether they’re turkeys, pigs or cows - are treated humanly and cared for, talked to, and looked over with appreciation, the meat just naturally comes out tasting better. That’s our experience - I don’t have the science to prove it, but we notice a difference.”

Caitlin says Jodie would love to let the turkeys roam the farm but it’s too risky. “We attempted that a few times but turkeys are not real intelligent and they’re not all able to get back in the coop at night like our chickens. Cape Elizabeth’s night predators enjoy turkey too much for us to leave them out.”

The Jordans have been raising turkeys for more than 30 years. “Jodie started raising just a couple for family and friends at first,” Caitlin explains, “then it was 15 birds, then 25, then 50; now we cap it at 200.”

The birds come to the farm in early summer as one-day old chicks, and then later this month are trucked, in Jodie’s lobster traps (!), to Greaney’s Turkey Farm in Mercer, Maine for processing. Alewive’s sells their birds fresh for Thanksgiving, and freezes some for Christmas dinners too.

Caitlin says a fresh bird is especially moist, but they freeze theirs in a way that retains optimum tenderness. “Also keep in mind that you usually get more meat for your weight with our birds because there’s no added water pushed into the bird for freezing. They’re just as tasty once they’re thawed.”

Caitlin recommends reserving ahead of time as Alewive’s birds often sell out, but adds, “If come the week after Thanksgiving or Christmas you don’t have enough leftovers, give us a call; we may have a bird for you.”

Swing by the farm market on Old Ocean House Road to reserve your turkey, or visit the sign-up page on Alewive’s Brook Farm’s website: alewivesbrookfarm.com.

Art

Continued from page 1__________________

He taught you the importance of treating others with respect, and that there’s always a silver lining waiting to be found. He tucked you in at night, drove hours to help you move into your first apartment, and encouraged you when you needed it most.

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126 Scott Dyer Rd., Cape Elizabeth, ME | (207) 553-9616
By Tina Fischer

You may not be thinking Christmas yet, but local ‘elves’ on Sawyer Road are already marking their lists and checking them twice to make the upcoming season merry and bright. The Cox family’s Old Farm Christmas Place officially opened for tree tagging Nov. 13; cutting will begin the day after Thanksgiving. Customers can harvest their own or select from pre-cut, fresh-from-the-field trees.

The farm will have 2,100 trees for sale this year, which may sound like a lot, but Jay Cox sees about 10,000 visitors each season; many are families that come year after year, and his trees sell out. Weekends are especially busy and festive, with wagon rides, cocoa and a bonfire for marshmallow roasting. In the shop, customers can warm up by the big coal stove, while perusing a selection of wreaths (many of them made on the spot by Jay’s parents Jim and Evelyn and their helpers) and regionally-made holiday decorations. “We focus on Cape-made, local-made, Maine-made and New England made, in that order. Almost all of our goods are local to Maine or New England,” Jay says.

The farm grows balsams, which Jay has found to be the most popular in New England for fragrance and needle retention. “They’re also disease resistant, which is important with a compact monoculture.”

This is the 10th year that Jay and his crew have been selling holiday trees and decorations at his refurbished 1700s-era farm, but Jim and Evelyn Cox had a tree farm around the corner on Sawyer Road for many years. Jay began planting in 2004. “The trees are about a foot tall when we plant them and are already four years old. They start in a greenhouse and then are grown outside for two more years before I get them. After seven years here at the farm, they start to be ready for cutting.”

Jay says getting his land fit for growing trees took years. The property (which is listed on the historic register) was known as the Dyer family farm and had originally grown vegetables, but it had been neglected for years and had a gravel pit dug on part of the land. “It was in pretty rough shape when I bought it; nature had all but taken over. I spent the first several years just beating back the overgrowth, invasives and mess.”

Farming had been a family “hobby” for generations of his family, but Jay had been a commercial fisherman, among other pursuits, and hadn’t planned to start a farm. “When I first decided to move back to Maine from Seattle, I was coming off a wild decade-plus of doing finance, maritime, shipping and fishing businesses in the Soviet Union, then Russia. When I’d come home to visit, I enjoyed the contrasting peacefulness of working outdoors on my parents’ trees, and I decided I’d expand on what they’d done. I wanted their customers to be able to carry on their tradition of cutting a fresh, fine tree right here in town.

“My father suggested this property. It worked out with the support of easements with the Cape Elizabeth Land Trust and Maine Preservation. For me, building and planning were the most interesting. Organizing a modest piece of property to handle the number of customers we get in a very short time takes a lot of forethought and help.”

The planning and organizing hasn’t let up; tree farming is a year-round business. In the “off-season,” Jay and two employees are trimming the trees, planting, stumping, fertilizing, mowing and watering. He has 20,000 trees in cultivation. “This is the first year we haven’t had to irrigate in the last several years. I use a ‘big gun’ which can spray a 250-foot circle. We put down about an inch of water an hour, and do it in 13 gun moves. It takes a lot of labor, and the water is very expensive.”

Gearing up for the holiday season takes about a month; his team of employees expands to around 25. After Christmas, there’s still more to be done. “It takes two weeks to shut down.”

Jay expects to be open for business this year until Dec. 21. If you can’t get to the farm, he offers local delivery, and he ships wreaths and other decorations. There’s a lot more information on the farm’s hours, on how the tagging system works, and how the best way to care for your fresh tree, on Jay’s website, oldfarmchristmas.com.
Rep. Anne Carney announces run for Maine Senate District 29

Representative Anne Carney, pictured above with supporters, officially launched her campaign on Nov. 2 for Maine Senate District 29 in the Maine Senate.

Carney currently serves in the Maine Legislature, representing House District 30, Cape Elizabeth. Her legislative initiatives this year protected pregnant workers, fixed inconsistencies in foreclosure law and banned foam food containers. Two bills, providing affordable health care to children and protecting vulnerable persons from financial exploitation, await funding.

Carney’s bill to provide Maine women MainCare coverage for postpartum care, has been accepted for the 2020 legislative session. Carney serves on the Joint Committee on Labor and Housing and is a member of the Children’s Caucus, the Caucus on Aging and the Coastal and Climate Action Caucus.

A resident of Cape Elizabeth for 30 years, Carney is running as a Democrat for a seat that will be open in November 2020, when Sen. Rebecca Millett’s term-limited service is completed. As an attorney, Carney practiced employment, civil rights and municipal law for 17 years, representing businesses, individuals, cities and towns throughout Maine. In 2016, she received the Pine Tree Legal Assistance Award for Pro Bono Services for eight years of volunteer work representing low-income Mainers on employment-related issues.

An active community volunteer, Carney enjoys her volunteer work with the Cape Elizabeth Land Trust, where she served on the board of directors from 2010 to 2018, including three years as board president, and during which she led the organization to national accreditation.

Carney earned a J.D. from the University of Maine School of Law, a Master of Theological Studies degree from Harvard University and a B.A. from Haverford College. Anne and her husband David Wennberg have three adult children. They enjoy cooking for family and friends, bicycling, and long walks with their dogs Shadow and Moxie.
Book Fairy Project in need of new donations

By Marta Girouard

The Book Fairy Project is running low on donations and is in need of new or gently used children’s books.

A grassroots family literacy movement founded by Pam Leo, a family literacy activist and author, “The Book Fairy Project” is a statewide initiative with the mission of putting books in the hands of children through connections with food pantries across the country.

In Cape Elizabeth, the initiative began two years ago when Rachel Davis, assistant director/youth services librarian at Thomas Memorial Library, learned about the project through Leo. It inspired Davis to connect with Judy’s Pantry in Cape Elizabeth to see if the project could be initiated in town.

Judy’s Pantry offers local produce and non-perishable food items to Cape residents with limited resources who are struggling to feed themselves and their families with healthy food. The produce comes from plots at the Cape Community Gardens in addition to generous donations from Cape farmers and residents. There is limited annual paperwork and there are several ways in which individuals and families may qualify to use the Pantry.

Nancy Rallis, former director of Judy’s Pantry, reached out to Cape Elizabeth resident Nancy Rallis in November 2017 to see if she was interested in heading the project. Rallis was eager to get involved. She is a retired first grade teacher and children’s literacy advocate. Rallis has lived in Cape Elizabeth for 36 years, taught for 20 years and her husband was a former director of the Thomas Memorial Library. Volunteering has been important to Rallis and something she has done her entire adult life. “I’m thrilled that kids and their families are still willing to bring books into their houses. The electronic world is slowly replacing books, but there are still people (like me) who like to touch books, turn their pages and save them to reread. I’m honored to be a part of that,” Rallis said.

A donation box is located in the children’s area of the library where residents can drop off new or gently used children’s books. To date, hundreds of books have been donated. On pantry days, Rallis collects the books from the library and sets up a display in the pantry room. “Although most books come through the library, people also give books directly to me. I have a former Pond Cove mother who has given me dozens of books. I also pick up books at the swap shop,” said Rallis.

Most of the books are picture books and early chapter books that appeal to infants through middle school students. Rallis doesn’t have a “wish list” but knows what certain children/families are looking for. “For example, I have a middle schooler who has a strong desire to learn about the world. I save a lot of nonfiction books for him. I also have families with infants and toddlers. They love board books,” Rallis said.

“I love being part of this project. Rachel Davis, our children’s librarian got the program started, but I get to have the fun of sorting through the donated books each week and hearing back from Nancy on how excited kids and parents are to get certain books. I love that we’re able to contribute in such a unique way due to the generosity of our patrons,” said Janie Downey Maxwell, innovative programming librarian at Thomas Memorial Library.

In the winter Judy’s Pantry is open on the second and fourth Tuesdays of the month from 3:00 to 5:00 p.m. In the warmer months, the pantry is open on a weekly basis. It is located in the Cape Elizabeth Methodist Church on Route 77.

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Sarah Whitney
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Erin Grady
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Jim & Kim Swihart
Rick Sandler
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Kara & Jeremy Law
Charles Binder & Nancy Shor
Pilip & Caroline Licari
Elaine Taft
Kevin & Clare Stack
Basil & Carol Brown
Mary Michals
Bruce Moore & Janice Chapman
Ann & Tom Waecker
Brigitte & Hal Kingsbury
Jill Hooper
Elizabeth & Christopher Quinn
William & Joan Schmitz
Anne Cranshaw
William Proof & Heidi Peterson
Sean & Christopher Willitts

Capers:
Kenneth Swanberg & Ginger
Raspiller
Joey & Grey Perry
Steven & Marilyn Clossen
Alan & Genesta Leathers
Drake Whitney
Kathleen & Ken Pierce
Bev & Sherr Altenburg
Frank Stout
Michelle & Mark Boyer
Mary & William Holt
Philip Villandry
Carolyn & Douglas Davis
Theodore & Mila Butler
Thomas & Jill Emery
David & Mary Ellen Whitman
Daniel & Patricia Chase
Thomas Wescott & Joan Cirbus
Andrew & Kate Pinaldi
Daniel & Patricia Bowen

Capers cont.
Steven Eppinger & Julie Laukkanen
Christina & Sean Willits
David & Elizabeth Pratt
Joye & Sally Seifert
Amber Wilson
Stephanie Anderson
Sarah Emily Teaford
Matthew Tasker
Alden Philbrick
Heather Payson
Rosemary & Jim Coakley
Kathleen & Kevin Beatty
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Heather and Marty Mullien
Copper Sherman
Jeffrey & Susie Saffer
Catherine & Lawrence Clough
Peter & Alice Rand
Deborah Hart & William Goodykoontz
Jesse Timberlake
Thomas & Pamela Torre

High Tide:
Carmensol & Matt Kesselhaut
D Brock & Helenary Hornby
Suzanne & Neil McGinn
Anne Carney and David Wennberg
Ann Carlisle
Keith & Barbara Powers
Terry & Liz McEvoy
CELT
Lisa & Steve Gent
McFarland Field @ Portside
Kevan & Gail Vick
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Lee & Gina Mitgang
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Fully Involved: A view into CEFD, winter safety tips

By Mara DeGeorge

Summer is over, Halloween is in the rear view mirror and Cape Elizabeth residents are beginning to think about winter. Cape Eliz-abeth Fire Department wishes its residents a festive and fun-filled holiday season, while providing recommendations for keeping in mind some winter safety tips.

Winter storms and cold temperatures can be dangerous. Stay safe and healthy by planning ahead. Prepare your home and cars. Prepare for power outages and outdoor activity. Check on older adults.

Take These Steps For Your Home

Although winter comes as no surprise, many of us are not ready for its arrival. If you are prepared for the hazards of winter, you will be more likely to stay safe and healthy when temperatures start to fall.

Many people prefer to remain indoors during winter, but staying inside is no guarantee of safety. Take these steps to keep your home safe and warm during the winter months.

Check Your Heating Systems

• Have your heating system serviced professionally to make sure that it is clean, working properly, and ventilated to the outside.
• Inspect and clean fireplaces and chimneys.
• Install a smoke detector. Test batteries monthly and replace them twice a year. Al-ways place smoke alarms in bedrooms and the laundry room.
• Have a safe alternate heating source and alternate fuels available.
• Prevent carbon monoxide (CO) emergencies.
• Install a CO detector to alert you of the presence of the deadly, odorless, colorless gas. Check batteries when you change your clocks in the fall and spring.
• Learn symptoms of CO poisoning: headache, dizziness, weakness, upset stomach, vomiting, chest pain, and confusion.

Protect Your Family From Carbon Monoxide

• Keep grills, camp stoves, propane tanks, and generators out of the house, basement and garage, and never operate any of these inside the home.
• Locate generators at least 20 feet from the house.
• Leave your home immediately if the CO detector sounds, and call 911.

Check Your Chimneys And Vents

Wood burning fireplaces produce creosote, which has the capability of igniting. If your family lights the fireplace, CEFD re- commends an annual chimney inspection and cleaning to make sure that there are no haz-ards capable of starting a fire. It’s important to always remember that when burning wood, use dry, seasoned wood which produces more flame with less smoke.

Cover Your Fireplace With A Screen

Either a metal screen or tempered glass will suffice to protect any sparks from leaving the fireplace. Still, you always want to make sure to keep kids and pets at least three feet away from a burning fireplace.

Take Care with Lit Candles

Although candles can set the mood for a relaxing and calming evening, they can be easily knocked over by kids or pets. Only light candles when you are alert and able to watch them, blowing them out whenever you intend to leave the room.

Take Care With Space Heaters

These devices require a good amount of space to be used without any fire hazards. Just like fireplaces, children and pets should not sit closer than three feet in front of a space heater.

Avoid placing heaters near curtains, tablecloths or other flapping fabrics. Always make sure your space heater has an automatic shut off switch, which forces the heater to shut-off as soon as it reaches a dangerously high heat level.

Inspect Electrical Decorations For Damage Before Use

Cracked or damaged sockets, loose or bare wires, and loose connections may cause a serious shock or start a fire.

Do Not Overload Electrical Outlets

Overloaded electrical outlets and faulty wiring are a common cause of holiday fires. Avoid overloading outlets and plug only one high-wattage into each outlet at a time.

Never Connect More Than Three Strings of Incandescent Lights

More than three strands may not only blow a fuse, but can also cause a fire.

Keep Trees Fresh By Watering Daily

Dry trees are a serious fire hazard.

Use Battery-Operated Candles

Candles start almost half of home decoration fires (NFPA).

Keep Combustibles At Least Three Feet from Heat Sources

A heat source that was too close to the decoration have been a factor in half of home fires that began with decorations (NFPA).

Protect Cords From Damage

These devices require a good amount of space to be used without any fire hazards. Cords should never be pinched by furniture, forced into small spaces such as doors and windows, placed under rugs, located near heat sources, or attached by nails or staples.

Check Decorations For Certification Label

Decorations not bearing a label from an independent testing laboratory such as Underwriters Laboratories (UL), Canadian Stan-dards Association (CSA), or Intertek (ETL) have not been tested for safety and could be hazardous.

Stay In The Kitchen When Something Is Cooking

Unattended cooking equipment is the lead-ing cause of home cooking fires (NFPA).

Turn Off, Unplug, And Extinguish All Decorations When Going To Sleep Or Leaving The House

Unattended candles are the cause of one in five home candle fires. Half of home fire deaths occur between the hours of 11 p.m. and 7 a.m. (NFPA).

 Adequately Shovel Exits And Steps

Provide easy access for emergency per-sonnel and prevent accidents entering/exiting.

Plug/Reminder For Hydrant Shoveling

Lastly, a reminder to consider shoveling the nearest hydrant(s) to your home during and after a storm. Affectionately and informally, the Department calls this Adopt-a-Hydrant. Shovel a three-foot diameter after the plow comes through. A clear hydrant means getting water to a fire more quickly.

There are 300+ hydrants in Town, so if residents adopt one, the Department appreciates -see FULLY INVOLVED page 15
Cape Elizabeth birding report

By E. Brooks Bornhoff

Over the last couple of weeks shorter days and no shortage of yardwork have made it tricky to keep an eye out for errant migrants. A few observations are worth mentioning though.

On Nov. 2, a solitary Spotted Sandpiper was popping around the far end of Pond Cove’s rocky beach. Out of all the sandpipers this has got to be the easiest bird to identify. Even after its sharply contrasting black spots on a bright white breast have disappeared, the bob and weave teetering motion this bird makes is a giveaway. Interestingly, the function of the teetering motion has yet to be determined by experts. Chicks even do the teeter quite soon after they hatch. Only when alarmed does this bird stop teetering.

Another good tidbit about these sandpipers is the primary role in parental care, including incubation, is handled by the male. And it is the female that arrives on the breeding grounds early in order to establish and defend the territory. Some of the population are only short-distance migrants. Later in the season birds like these same two bluebirds were chased off the suet by a mouse-sized Downy Woodpecker. Minutes later another Spotted Sandpiper appeared, the bob and weave teetering appearing, the bob and weave teetering.

Pond Cove’s rocky beach. Out of all the sandpipers this has got to be the easiest bird to identify. Even after its sharply contrasting black spots on a bright white breast have disappeared, the bob and weave teetering motion this bird makes is a giveaway. Interestingly, the function of the teetering motion has yet to be determined by experts. Chicks even do the teeter quite soon after they hatch. Only when alarmed does this bird stop teetering.

A flock of geese had to work hard to stay in a v-shaped formation while flying over Crescent Beach on a recent windy day.

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Breakfast with Santa by the sea.
Saturday, December 7
The perfect kick-off to the holiday season! Santa makes a special visit to Inn by the Sea for our annual Breakfast with Santa.

Two seatings: 9:30am and 12pm
Adults $32 | 16 Children 4-12 | Children under 3 FREE

Reservations required. Any child who brings in a new, unwrapped toy for Toys for Tots will enjoy breakfast complimentary.

In addition, for every room booked in the month of December, the Inn will purchase a book from a local school’s “wish list.”

Reservations at 207.799.3134 or visit InnbytheSea.com

IN THIS TOGETHER
Employee Relief Funds

Join us at our Holiday Fundraiser on Dec 5!

Inspired by Mary’s Mission

Event details:
• December 5, 2019 – 6pm-10pm Purpoodock Golf Club, Cape Elizabeth
• Tickets are $20 ahead of time on Eventbrite, $25 at the door
• Silent auction, raffles, music, heavy hors d’oeuvres, cash bar

Join us for In This Together’s first annual fundraiser with a silent auction, music and more, inspired by Mary’s Mission. Mary, the mother of two of our founders, Jessica Casey and Sarah Jordan, passed away unexpectedly in 2017. She had such a passion for giving back and helping others, and we are inspired by her to continue the giving. This is the perfect place to get that holiday gift for the hard-to-shop-for person on your list!

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Be sure to check out our Giving Tree which benefits local shelters and food banks.

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Reservations at 207.799.3134 or visit InnbytheSea.com

40 Bowery Beach Road | Cape Elizabeth | InnbytheSea.com

www.InThisTogetherFunds.com

Nov 20 • Dec 10, 2019

The Cape Courier - Page 11
The library will be closed Thursday, 11/28 and Friday, 11/29 for Thanksgiving. Enjoy!

Celebration for Community Art Show on Dec. 3

The library’s centennial art show on display in the Stier Family Gallery this month features artwork by 114 adults, teens, and children expressing what the library means to them. The library will host a celebration for all the artists and the community on Tuesday, Dec. 3 from 5:30 - 7:30 p.m. The celebration will feature music and refreshments. All are welcome!

ADULT PROGRAMS

TML’s Writer’s Accountability Group (WAG) meets on the third Wednesday of each month from 12:00 p.m.-1:30 p.m. All levels of expertise and genres are welcome as we:
• Share ideas about writing, editing, and publishing.
• Share snippets of our work in a creative, supportive group setting.
• Connect with other writers who are as passionate about the craft as we are.
• Give ourselves a deadline each month to show up with our latest work.
• Have fun! We hope you’ll join us to help get your WA G going.

Meet the Hermit: The Mysterious Life of Jim Whyte
Thursday, Nov. 21, 6:30-7:30 p.m. When Jim Whyte settled outside the slate mining town of Monson, Maine in 1895, people hardly knew what to make of him. And almost 300 years later, we still don’t. A world traveler that spoke six languages fluently, Whyte came to town with sacks full of money and a fierce desire to keep to himself. It is clear that Whyte was hiding from something—enough to make even the FBI want to eventually come looking. But even the Feds couldn’t imagine how Whyte, who lost every penny he had when WWI broke out, amassed another fortune before he died. Based on the true story, “Hermit” follows one man’s quest to discover all he can about Whyte’s secret life before it’s too late.

Evening Book Group – “Killers of the Flower Moon”
Thursday, Nov. 21, 7:00-8:30 p.m.

The Local Buzz Readings at TML meets again on Nov. 23 from 3-4 p.m. This month, the feature poet is Elizabeth Tibbetts, and the writer is Jim Donnelly. We hope you’ll join us. All are welcome.

Storytelling Night
Tuesday, Nov. 26, 6:30-8:00 p.m.
Everyone has a story to tell. Would you like to tell yours? In celebration of Thanksgiving, we’re holding a storytelling night where everyone is welcome to participate. There are just a few rules.
1. The story has to be true.
2. The story should tell us something about who you are, what makes you tick.
3. The story can’t be longer than 10 minutes.
4. You must sign up in advance (drop-ins are welcome). We can fit in seven or eight stories, so arrive early to sign up for a slot if you don’t want to miss out! Please let me know if you have any questions or want to practice beforehand.
Jane, TML Programming; 207-799-1721 x205

Senior Tech
Wednesday, Nov. 27 10:30 a.m.-12:00 p.m.
Senior Tech meets on the fourth Wednesday of each month. We’re here to help in any way we can with your tech questions. We work together as a group to answer similar questions and break out into smaller groups to answer individual questions. If you have a question, we will help you find an answer. You wouldn’t believe some of the issues we’ve been able to help solve.

Eldering Discussion
Wednesday, Dec. 4 1:00-2:30 p.m.
Please join us for this new discussion group. While aging is familiar to us, the concept of “Eldering” may be new. Our intent with this group is to provide a place to talk, share, or just listen to what neighbors, friends, and members of our community have to say about their experiences as we grow older. The group has already come up with a great list of resources. Eldering meets on the first Wednesday of the month from 1:00-2:30 p.m. We hope you’ll join us this month for another great conversation.

Chair Yoga
Tuesday, Nov. 26, 11:30 a.m.-12:30 p.m.
No prior experience is needed for this experience of gentle, mindful movement and deep breathing to calm the nervous system and focus the mind with instructor Martha Williams. You’ll stretch and move while sitting in your chair with a handful of standing and balancing postures accessible to all. We’ll finish with a guided body scan that invites you to relax into the present moment, that place where true power lies.

Democracy Cafe
Tuesday, Dec. 10, 6:30-8:00 p.m.
The Democracy Cafe meets on the second Wednesday of each month. This month, we’ll be discussing “The Stowaway: A Young Man’s Extraordinary Adventure to Antarctica,” by Laurie Green Shapiro. All are welcome.

Maine Wildlife Series: Bats!
Thursday, Dec. 12, 6:30-7:30 p.m.
Who is the only flying mammal that uses sonar technology similar to a submarine, eats 1000 mosquitoes in one hour, and whose cousins help to plant and pollinate the Tropi- cal Rainforest? M aine’s big brown bat! There are over 1500 species of bats in the world, each helping to balance the ecosystem where they live. Learn about these gentle creatures and discover their natural history, importance to the ecosystem and planet, current chal- lenges, and tangible actions that we can take to protect these allies in the night. This program is appropriate for all ages, families are welcome.

ONGOING ADULT PROGRAMS

Knitting Group – Every Monday at 1:00-3:00 p.m.

Chair Yoga – Second Monday at 11:30 a.m.
-see LIBRARY page 13
Library
Continued from page 12

Democracy Cafe – Second Tuesday from 6:30-8:00 p.m.
Songwriting Workshop – Fourth Tuesday from 6:15-8:15 p.m.
Eldering – First Wednesday, 1:30 p.m.
Morning Book Group – Second Wednesday from 9:30-11:00 a.m.
Writers’ Accountability Group – Third Wednesday from 10:00 a.m.-noon
Senior Tech – Fourth Wednesday from 10:30 a.m.-12:00 p.m.
YA Anonymous Book Group – First Thursday from 6:30-7:30 p.m.
Maine Wildlife Lecture Series – Second Thursday from 6:30-7:30 p.m.
Evening Book Group – Third Thursday from 7:00-8:30 p.m.
Chess Club – Every Saturday from 9:00-11:00 a.m.

PROGRAMS FOR TEENS
*CHECK OUT OUR NEW TEEN SPACE!!*

Our Teen Space is moving! The YA collection will slowly be moving into our new Teen Space in the area left of the library (previously the adult reading corner). We will gradually be making this space more comfortable for teens in grades 7 and up to hang out in with new seating, teen projects, books and other materials. Stay tuned.

Teen Library Council (TLC)
Wednesday, Nov. 20
3-4 p.m. in the Teen Space
Do you want a say in what materials, programs and activities are offered to teens at the library? Interested in volunteering here at TLC? Join our Teen Library Council! Together with the Teen Librarian, you will be able to shape the new Teen Space for current and future teen library users. Our #1 goal is to make the library a welcoming place for teens.

Open to teens in grades 7 and up. For more information, please contact Alyssa at alapri@thomas.lib.me.us.

Library Great Book Transfer Quest (LGBTQ) Teen Book Club
Monday, Dec. 2
3-4 p.m. in the Teen Space
Want to read books by and about lesbian, gay, bisexual, transgender, queer, intersex, and asexual people? So do we! Come for the good books and conversation — and feel free to bring a friend! This is a space for people to talk and learn about identities similar to and different from their own. Open to teens ages 12 and up. Hope to see you there.

ADULT
YA Anonymous Book Club
Thursday, Dec. 5
6:30-7:30 p.m.
We’ll be discussing “Shadow and Bone” by Leigh Bardugo.

PROGRAMS FOR CHILDREN
We have 15 regular weekly programs for children at the library. Please check our website for the complete schedule. Below are some special events and monthly programs.

Early Release Adventure Songwriting Workshop with Jud Caswell
Wednesday, Dec. 4, 2:15 -3:15 p.m.
For ages 6 and up
Award-winning singer/songwriter Jud Caswell will teach participants how to turn words and ideas into songs. No singing or musical experience necessary. Please register on the library’s website.

Families Discover Great Artists
For ages 3 and up
Saturday, Dec. 7, 3:00 – 3:45 p.m.
Join Miss Kiah for a hands-on exploration of a different artist each month! Please check our website for details. No registration necessary.

Note: There will be no meeting of the Animal Advocates Club this month.

C E L T December Program

CELT’S GOOD NIGHT, CAPE ELIZABETH
Children ages 2-6 (with an adult) are invited to the CELT office to enjoy a holiday themed bedtime hour centered around Eve Bunting’s “The Night Tree.” This CELT sponsored event is a great way to kick off the holiday season in a way to focus on evergreen trees found in Maine. Join CELT volunteer Jill Darling for stories, a craft, and a brief visit outdoors. Come in your pajamas, and bring a snack. Parents/Guardians must be present. Participants who register at least 48 hours in advance of the program will receive notification of changes or cancellation.
Date: Wednesday, Dec. 4
Time: 6:00 – 7:00 p.m.

Please register for this program through Cape Elizabeth Community Services. www.cecommunityservices.org. Please call The Cape Elizabeth Library with any questions, 767-6054. Participants registering at least 48 hours in advance of the program will ensure they will receive notification of changes or cancellation.

Generator stolen from garage, criminal mischief, trespass, harassment complaints

Reported by Marga Giroird

COMPLAINTS
10-19 Two officers responded to a residence in the Shore Road area for a domestic disturbance
10-19 An officer met with a resident of the Mitchell Road area who advised his generator had been stolen from his garage.
10-20 An officer spoke with a resident of the Oakhurst Road area regarding a suspicious phone call.
10-21 An officer met with a resident of the Scott Dyer Road area regarding a criminal mischief complaint.
10-23 An officer met with a resident of the Two Lights Road area regarding a trespass complaint.
10-23 An officer met with a resident of the Scott Dyer Road area regarding a harassment complaint.
10-25 An officer met with a resident from the Broad Cove area regarding unauthorized charges on a credit card.
10-25 An officer met with a resident of the Shore Road area who turned over a found wallet. The wallet only contained a credit card.
10-25 Two officers responded to a residence in the Spurwink Avenue area for a wellbeing check.
10-27 An officer responded to a location in the Sawyer Road area for a noise complaint and violation of town ordinance.
10-29 Two officers responded to a residence in the Shore Road area for an unwanted person.
10-30 An officer received a found wallet that was turned into the Police Department. The owner was contacted and property returned.
11-1 An officer met with a subject who had found a loose dog on Mitchell Road. The owner was identified and dog returned.
11-4 An officer met with a resident of the Mitchell Road area regarding a theft complaint.

S U M M O N S E S
10-23 South Portland resident, operating motor vehicle with cell phone, Sawyer Road, $85
10-24 Gray resident, speed (47/30 zone), Sawyer Road, $570

J U V E N I L E  S U M M O N S E S
10-29 Cape Elizabeth resident, harassment

A R R E S T S
10-28 South Portland resident, operating after suspension habitual offender, Shore Road
11-2 Cape Elizabeth resident, domestic violence assault, Cape Elizabeth

F I R E  C A L L S
10-23 Old Fort Road Structure Fire
10-23 Portland Mutual Aid
10-25 South Portland Mutual Aid
10-26 South Portland Mutual Aid
10-26 Zeb Cove Fire Alarm
10-28 South Portland Mutual Aid
10-28 Portland Mutual Aid
10-29 Oakhurst Road Fire Alarm
10-29 Woods Knoll Road Fire Alarm
10-30 Running Tide Road Fire Alarm
11-01 Mitchell Road Power Line Down
11-01 Trundy Road Utility Lines Down
11-01 Charles Road CO Alarm
11-01 Portland Mutual Aid
11-02 Mitchell Road Utility Lines Down
11-02 Portland Mutual Aid
11-02 Ocean House Water Problem
11-03 South Portland Mutual Aid
11-03 Ocean House and Fowler Road Grass Fire
11-03 Cherry Circle Fuel Leak

R E S C U E  C A L L S
There were 15 runs to Maine Medical Center
There was one run to Mercy Hospital
There were four patients treated by rescue personnel but not transported.
Wednesday, November 20
Town Council Appointments Committee, 6 p.m. William H. Jordan Conference Room, Town Hall

Thursday, November 21
Thomas Memorial Library Committee, 6:30 p.m., Thomas Memorial Library Energy Committee, 6:30 p.m., William H. Jordan Conference Room, Town Hall Fort Williams Park Committee, 7 p.m., Cape Elizabeth Community Center

Tuesday, November 26
School Board Policy Committee, 3 p.m., William H. Jordan Conference Room, Town Hall School Board Workshop, 6:30 p.m., High School Library and Learning Commons

Thursday, November 28
Thanksgiving Holiday. Town Hall, Thomas Memorial Library closed. Recycling Center will have regular Thursday closure.

Friday, November 29
Thanksgiving Holiday. Town Hall, Thomas Memorial Library closed. Recycling Center will be open regular Friday hours, 8 a.m.-5 p.m.

Tuesday, December 3
School Building Committee, 6:30 p.m., High School Library and Learning Commons Planning Board Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

Wednesday, December 4
Board of Zoning Appeals, 7 p.m., Town Hall chamber

Thursday, December 5
Recycling Committee, 7 p.m., Public Works

CABLE GUIDE
Nov. 20 & 21 - 2 p.m. & 8 p.m. Cape Elizabeth Church of the Nazarene
Nov. 23, 24 & 30; Dec. 1, 7 & 8 - 9 a.m. CEHS eSports Fall 2019 match replay
Nov. 23 & 30; Dec. 7 - Noon CEHS eSports Fall 2019 match (live)

CETV CHANNEL 1302
Nov. 26; Dec. 3 & 10 - 4 p.m. Board of Zoning Appeals (live)
Dec. 4 - 7 p.m. Board of Zoning Appeals replay
Dec. 5 & 6 - 2 p.m. & 8 p.m.
Dec. 7 - 10:30 a.m. Town Council (live)
Dec. 9 - 7 p.m. School Board (live)
Dec. 16 - 6 p.m.

SERVICES
Coffee Time is at 10:45 a.m. Sunday School is at 11:15 a.m. Sermon audio is available on our website

SERVICES
Promised Land and World Retreat Center
536 Cottage Road, South Portland 799-3152
Sunday Prayer & Intercession: 9:30 a.m. Sunday Worship: 10 a.m.
Family Bible Studies: Wednesday, 7 p.m. Sermon recordings available to download

St. Alban’s Episcopal Church
885 Shore Road
301 Cottage Road, South Portland 799-4014
www.stalbansmaine.org
Sundays: 8 a.m.; 9:30 a.m.
Celtic Service: Sunday, 5:30 p.m. Nurse’s Helper Program
Sundays, 9:30 a.m.
Listen to our Podcast “A Nourishing Word”
We have room for all

St. Bartholomew
Roman Catholic Church
8 Two Lights Road
508-5328
www.saintbarts.com
Sunday Mass: 9 a.m. and 11 a.m.
Monday & Tuesday Masses: 8 a.m.

First Congregational Church
United Church of Christ
301 Cottage Road, South Portland 799-4321
Sunday Worship: 8:30 a.m., 10:00 a.m.
Sunday School: 10:00 a.m.
Preschool Child Care: 10:00 a.m.
Game Room

First Congregational Church of Scarborough
167 Black Point Road, Scarborough 883-2342
www.fccscarborough.com
Sunday Morning Worship: 9:30 a.m.
Sunday School & Nursery Care

St. Alban’s Celtic Concert on Dec. 5
A Celtic Music Concert will be performed on Thursday, Dec. 5 at 7 p.m. at St. Alban’s Episcopal Church, 885 Shore Road. Musicians of St. Alban’s Celtic Ensemble will come together to present a wonderful evening of holiday-inspired music.

Tom Kovacevic, playing piano, is a multi-instrumentalist who for many years has been an important part of Portland’s music scene. He has had a distinguished career in musical performance including Celtic, reggae, rock, Middle Eastern and sacred music. Flutist Nicole Rabata, well known for her virtuosity in classical, Brazilian choro and Celtic genres, has performed at concert venues and music festivals throughout the United States, Europe and Asia. Rabata is on the faculty of Colby College and the University of Maine at Augusta.

Michael Albert, a vocalist, composer and award-winning oboist, is also skilled on the violin, viola and pipe. An ambidextrous musician, Albert has performed with leading New England orchestras and is currently an applied music instructor at Colby College.

Meagan McIntyre, a violinist, performs throughout Maine with Portland’s popular Amaranthus String Quartet who have also performed at TEDxDirigo and The Tonight Show with Jimmy Fallon. She was a faculty member at the Portland Conservatory of Music as well as a visiting instructor at the Institute of Art Education in Portland, Oregon.

Shannon Allen, who plays the cello, grew up in Portland in a family of professional musicians. For the past decade, he has been an active freelance musician and teacher throughout New England. In addition to being a gifted cellist, Allen is also a bass guitarist.

All are welcome to this concert for the community and to a reception with refreshments after the performance. Tickets for students are $10, adults $20, and children are free. All proceeds of this evening will support the mission and ministries of St. Al- ban’s. For tickets please go to www.CapeFence.com or events@stalbansmaine.org.

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southernmaine.invisiblenone.com
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Yuletide Fair Dec. 7 at FCC of Scarborough

Scarborough: “A Vintage Christmas” will be the focus of the annual 2019 Holiday Fair at the First Congregational Church of Scarborough (167 Black Point Road) on Saturday, Dec. 7, from 9 a.m. to 1 p.m. Featured in the Parish Hall adjacent to the church will be breakfast cake and coffee, handmade items with a Maine theme, holiday greens, Christmas items, quilts, crafts, jewelry, toys, kitchenware, hand knits, a silent auction, homemade baked goods, candy and a cookie walk. Proceeds will go to the church’s charitable efforts.

Fully involved

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having fewer to maintain and can turn their attention to the rest of them.

Look forward to Fully Involved: A View Into CEFD next time, as we feature recent WETeam operations and rescues.

CEFD Fully Involved Fun Facts:

- Members: 60+ across five companies: Two Fire Companies (TCS & CCS); Rescue Company, WETeam, and Fire/Police
- Apparatuses: Three engines (pumpers) Engine 1 (4), CCS, Engines 2 & 3 (4), TCS, two ambulances, one ladder truck, WETeam Command Van, WETeam Boat, Service Truck, Air Trailer
- Calls: 1100 calls annually, 75% medical. All types of Medical: Fire; CO, vehicle fires, angle rescues, fully involved: All ages and abilities.
- 329-8345.
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Capteoons: Little old man of the seacoast, Shore Road

Drawn by Jeff Mandell

Overlooked attractions: Rock formation on the west side of Shore Road just north of Pond Cove. It resembles the departed Old Man of the Mountains in New Hampshire. Drivers headed briskly along the road can easily overlook this ancient face formed eons ago by glacial, or something.

Sari 2020 Greene for MAINE STATE SENATE

Campaign Kickoff & Holiday Food Drive
To Benefit The: South Portland Food Cupboard
Feeding Neighbors In Need

Join us for our LEGO LAUNCH party!
Little Red Wagon Toys is proud to announce it will now be carrying LEGO products.
To celebrate we are having a block party!
Saturday December 7th, 10:00am-12:00pm

Prizes, Treats, Free Giveaways (while they last) & More!
* 546 Shore Rd * Cape Elizabeth * 207-767-5595 *

POLICY:
The Policy Committee would like to thank the staff, administration, and students who attended the Oct. 22 policy committee meeting and provided valuable input in the discussion. At the meeting the Committee reviewed the following policies for First Reading:

AC – Non-Discrimination/Equal Opportunity and Affirmative Action
ACAB – Harassment and Sexual Harassment of Students
ACAB-R – Student Discrimination and Harassment Complaint Procedure
ACAC – Harassment and Sexual Harassment of School Employees
ACAD – Harassment and Sexual Harassment of School Employee Complaint Procedure
ACAD – Hazing

Of the Second Reading policies, the Committee elected to send only two policies, AC - Non-Discrimination/Equal Opportunity and Affirmative Action and ACAD – Hazing, to the full School Board for a vote at the next regular business meeting of the School Board.

The Board will vote on a proposal to include the term “gender identity and expression” to Policy AC. In the ACAD Hazing Policy, the current policy includes the statement that “Injurious hazing also includes any hazing activity that is expected of a student as a condition of joining or maintaining membership in a group that humiliates, degrades, abuses, or endangers a student.” The Committee will propose the addition of the new clause “regardless of the student’s willingness to participate in the activity” to this provision. The School Board will vote on the adoption of these changes at the Nov. 12 School Board Meeting.

Also at the Oct. 22 Policy Committee meeting, the committee reviewed the following policies for First Reading:

JLFA - Child Abuse and Neglect Reporting
JLFA-R - Child Sexual Abuse Prevention and Response
JLFA-R - Child Abuse and Neglect Reporting - Administrative Procedure

Other policies appeared on the Oct. 22 agenda, but were not discussed due to time constraints. The Committee held an additional meeting on Oct. 29 to continue the review of ACAA, JLFA, and JLFA-R.

The Committee will continue discussion and review of these policies at the next committee meeting.

All policies are posted on the CESD website in the School Board section policy tab.

Policy committee meetings are open to the public, including students. The next policy meeting is scheduled for Nov. 26 at 3:00 p.m. in the Jordan Conference Room.

FUTURE DATES:
- Tuesday, Nov. 12, Regular School Board Business Meeting, 6:30 - 8:30 p.m., Town Hall Chambers
- Tuesday, Nov. 19, “Gratitude Gathering” with CESD and School Board, 2:30 - 4:00 p.m., CEMS Cafetorium
- Tuesday, Nov. 26, Policy Committee, 3:00 - 4:00 p.m., Jordan Conference Room
- Tuesday, Nov. 26, School Board Workshop, 6:30 - 8:30 p.m., CEHS Library
- Tuesday, Dec. 3, Building Committee Meeting, 6:30 - 8:30 p.m., CEHS Library

Board
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clients who have faced this similar issue, including an addition at Waynflete which eventually improved energy performance by over 80%. Mr. Garvin added that it would be important to determine what the town’s capacity for borrowing might be in order to lay out a viable plan.

Valerie Adams referenced the town’s recently adopted Comprehensive Plan in which data indicates that a majority of citizens want to see the town move towards more sustainable building efforts. Ms. Measelle Hubbs, citing her two-year term on the Comprehensive Planning Committee, indicated that in addition to a majority of citizens supporting sustainable projects, data also showed an overwhelming demand by community members for renovating and modernizing the town’s school buildings.

The next Building Committee meeting is scheduled for Dec. 3 at 6:30 p.m. at the CEHS Library. Community members are always welcomed and will have the opportunity to participate in the discussion.